



Chicken spinach egg cakes





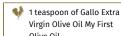




Com quem?
With family

№ de pessoas 2 pessoas

Ingredientes



- 1 piece of cooked chicken breast
- 1 bunch of spinach
- 2 eggs
- · Several pieces of cheese (optional)

Modo de preparação

1 Boil spinach quickly in boiling water, drain and set aside.

Heat the pan and add the Gallo Extra Virgin Olive Oil My First
Olive Oil. Cut the chicken breast into slices and stir for 2
minutes, add the spinach and sauté for about 1 minute.

Beat the eggs, then evenly pour egg mixture over the chicken beast and spinach, wait 3 minutes, sprinkle some cheese pieces (optional), then turn it over and wait for another 3 minutes (you can also observe the congelation of egg mixture). Take it out and cut into pieces.

Produtos utilizados



My First Olive Oil
Extra Virgin Olive Oil



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