



Crunchy avocado slices

Categoria Entradas e Petiscos	⑦ Tempo de preparação Rápido	Con Dificuldade Fâcil	िंड. Custo Low	Com quem? With friends	Q+ № de pessoas 4 pessoas
Ingredientes		Method of prep	paration		
V To taste: Gallo Sauce	Piri Piri				
 2 avocados 1 lime		1	Start by preheating the	oven to 190ºC.	
 Fleur de sel, to taste Pepper, to taste 2 tbsp of flour 1 egg 1 tea cup of Panko, or breadcrumbs, or almond flour 3 tbsp of mayonnaise 		2	Cut the avocados in half, remove the stone and, with the help of a tablespoon, remove the insides, separating it from the peel.		
		3	Cut the avocado flesh into thick slices and drizzle with lime juice. Season to taste with salt and pepper.		
		4	Then, put the flour in one bowl, the beaten egg in another bowl, and the Panko or breadcrumbs in a third bowl.		
		5	First pass the avocado slices through the flour, then through the egg and finally through the Panko or breadcrumbs.		
		6	Place the avocado slices on a baking tray lined with baking paper and bake for 15 minutes.		
		7	In the meantime, mix th Sauce.	ne mayonnaise with the Ga	llo Piri-Piri
		8	Serve the avocado slice	s with the mayonnaise.	

Produtos utilizados



Piri Piri Sauce Piri-Piri with Olive Oil



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